

# KITEBOARDING CLINIC DAILY SCHEDULE

## SESSION II – AUGUST 3<sup>rd</sup>-7<sup>th</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2:00</b> Welcome! Introductions, Attendance & Stretch	<b>2:00</b> Attendance & Stretch - Review of Kiting Technique and Water Safety	<b>2:00</b> Attendance & Stretch - Kiting talk questions and answers	<b>2:00</b> Attendance & Stretch - Kite History	<b>2:00</b> Attendance & Stretch
<b>2:15</b> ★ Beach Instructions ★ Introduction to Kite Equipment. ★ Safety.	<b>2:15</b> ★ Stunt Kite Practice ★ Basic Trainer Kite fro Flying Water Kite	<b>2:15</b> ★ Rigging LEI Kites	<b>2:15</b> ★ Rigging LEI Kites ★ Continue Practice Flying LEI Kites	<b>2:15</b> ★ Water Drags with Instructor using LEI Kites
<b>3:15</b> Nutrition Break	<b>3:15</b> Nutrition Break	<b>3:15</b> Nutrition Break	<b>3:15</b> Nutrition Break	<b>3:15</b> Nutrition Break
<b>3:30</b> ★ Basic Trainer Kite Technique ★ Flying Small Stunt Kite.	<b>3:30</b> ★ Stunt Kite ★ Practice	<b>3:30</b> ★ Introduction to Flying LEI Kites (Leading Edge Inflatable)	<b>3:30</b> ★ Beach Flying LEI Kites	<b>3:30</b> ★ Introduction to Board Skills
<b>4:30</b> Swim Test				
<b>5:00:</b> Parent Pick-up <b>ON BEACH</b>	<b>5:00:</b> Parent Pick-up <b>ON BEACH</b>	<b>5:00:</b> Parent Pick-up <b>ON BEACH</b>	<b>5:00:</b> Parent Pick-up <b>ON BEACH</b>	<b>5:00:</b> Parent Pick-up <b>ON BEACH</b>